

SOUTHERN TIER SPECIAL EDUCATION TASK FORCE
presents:

**Building Resiliency: Links between Stress,
Coping, Social-Emotional Development, and
Learning**

March 4th, 9:30-11:30
Southern Tier Independence Center

Dr. Lisa Blitz will provide an overview of the neurobiological, behavioral, and psychosocial impact of trauma and toxic stress on our children, youth, and families. Intervention strategies that promote resilience and healing will be reviewed. Parents, educators, and human service providers welcome.

About the speaker:

Lisa V. Blitz, PhD, LCSW-R, is a social worker, researcher and educator with 25 years of experience in mental health and social justice centering on culturally responsive trauma-informed practice and organizational development. She received her BA from California State University, Los Angeles, and completed her MSSW and PhD at Columbia University.

Dr. Blitz is currently an associate professor in the Binghamton University Department of Social Work and Co-Director of the Institute for Multigenerational Studies. She is engaged in community-based participatory research with urban and rural schools to develop practice approaches that eliminate disproportionately negative outcomes for students of color and students who are economically disadvantaged.

Registration begins at 9am

Place: Helen Keller Room, Southern Tier Independence Center,
135 East Frederick St., Binghamton, NY 13904 (607-724-2111 in case of
weather cancellation).

Questions, Registration, or Needs: 607- 437- 0077

You may register by phone or by email. By email, send your name and contact phone number to register@familyrn.org and please put "Resiliency" on the subject line. Please identify if you are a parent or educator/provider.